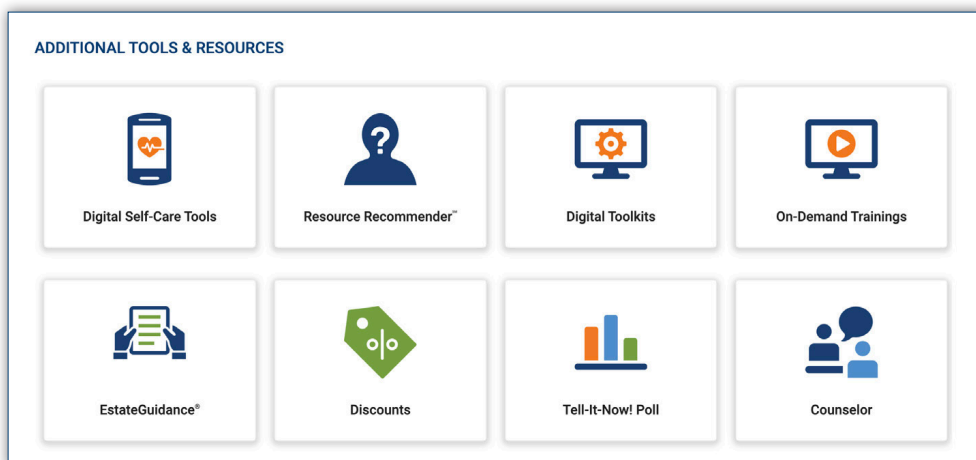


How to Access Koa Care 360

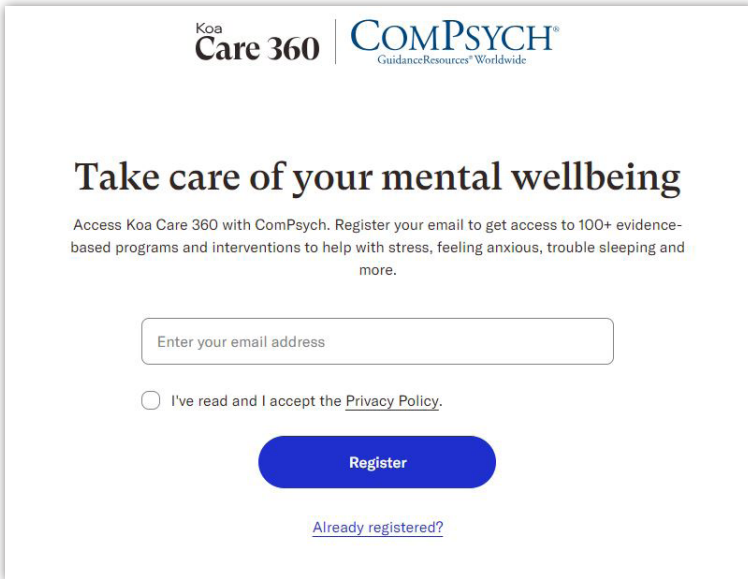
1. Go to guidanceresources.com and log in. First-time users register using your organization's Web ID.



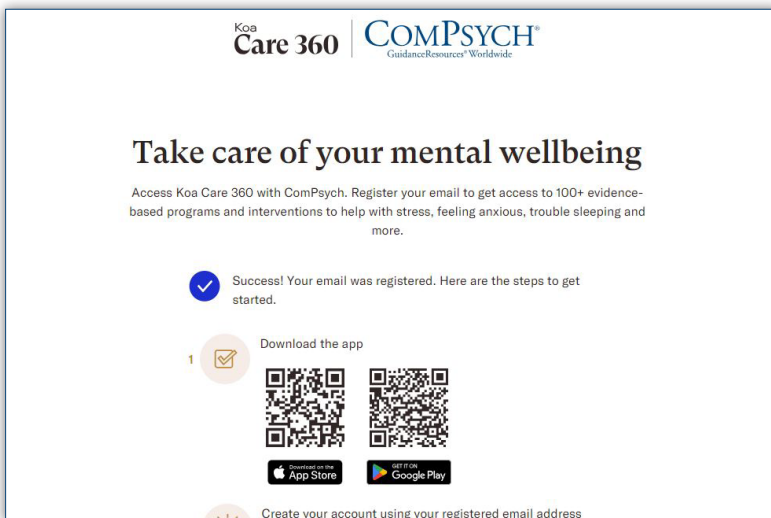
2. On the main landing page, scroll down to **Additional Tools & Resources** and click the **Digital Self-Care Tools** tile.



3. Enter a valid work or personal email address on the registration page.



4. Download the app to sign up and create an account. Use the same email address as in Step 3.



24/7 Live Assistance



Online: [guidanceresources.com](https://www.guidanceresources.com)
Apps: GuidanceNowSM / Koa Care 360

